LADY'S ISLAND MARINA DIGEST

October 2024 News

October events in Downtown Beaufort, SC:

October 4th from 5:00 p.m. - 10:00 p.m. and October 5th from 11:00 am. - 4:00 p.m.: 30th Annual Shrimp Festival. Savor the best freshcaught shrimp in the world during the featuring unique shrimp dishes from the region's foremost restaurants and chefs. In addition to food, enjoy live music, an arts and crafts market, and a coastal educational fair. Free admission!

October 5th at 8:00 a.m.: Run Forrest Run 5k. The Beaufort Digital Corridor's largest fundraiser of the year, runners will enjoy a course through downtown and across the Woods Memorial Bridge.

October 10th at 6:00 p.m. Holiday Textured Paper Wall Hanging. Marshview Mercantile. Get into the holiday spirit with an exciting class led by Colleen Davis. She'll guide you step-by-step in creating a fun, reversible wall hanging that works from fall through Christmas. One side says "Fall" with festive autumn decor, and the other says "Noel" with wintery accents. Call (843) 379-9097 for more information.

October 11th, 7:30 p.m.: Queens of Rock and Roll at UCSB Center of the Arts. Join American Idol Finalist LaKisha Jones in a celebration of the great ladies of soul from Diana Ross, Donna Summer, Tina Turner, the legendary Aretha Franklin and the one and only Whitney Houston.

October, 2024: Only two months left for hurricane season! Our marina made it through Hurricane Helene with only one broken cleat. The wind was definitely stronger than what was forecasted, with Beaufort seeing a maximum gust of 75 mph. Fortunately, the wind direction was coming from the south where we enjoy protection from the land, so there was barely a ripple on the water. Our hearts go out to western South Carolina and North Carolina which was hit hard by Helene.

While hurricane season winds down, snowbird season is starting to rev up as boaters make their annual trek south to escape the cold weather up north. Slips are filling up quickly, so if you'd like to stay with us, don't delay in calling as soon as you know your travel plans. You can reach us at (843) 522-0430 or you can book on Dockwa.

Do you have any suggestions or comments for us? Do you want to send us a photo of Lady's Island Marina to be featured on our Facebook page? Send suggestions, comments, or photos to kthomas@ladysislandmarina.com.



This is the final installment in our series. You can read about Tom Daniels (the owner) in August's newsletter and Aaron Martin (the Director of Marina Operations) in July's newsletter.

Kimberly Thomas, Dockmaster

Kimberly has been Lady's Island Marina's dockmaster since December, 2023. Before arriving at the marina, she and her husband Jeff were cruising up and down the East Coast and the Bahamas for over five years on their Bristol 29.9 sailboat, "Pegu Club."



They often get asked about their boat name. While sitting in their favorite bar in New York City, Jeff said, "If we ever buy a boat, we should name it 'Pegu Club'." The rest is history! For any readers who are cocktail fans, the Pegu Club is also a classic cocktail made with gin, Cointreau, lime juice, and bitters.

Prior to cutting the docklines, Kimberly and Jeff spent 30 years living in the northeast, primarily in West Hartford, Connecticut where they were avid cyclists before buying their first boat, also a Bristol, but a tad smaller at 24 feet. When they weren't biking or boating, Kimberly worked as the Deputy Corporation Counsel for the Town of West Hartford, and Jeff worked as the manager of Newington Bicycle, where they met. Not surprisingly, their first date was a bike ride.

Over the past six years they've enjoyed many sailing adventures, exploring almost the entire ICW in addition to multi-day offshore passages. She's happy to talk about favorite anchorages and marinas between Rhode Island and Florida, and if you bring her dark chocolate she might even tell you about her secret hidey-holes in the Abacos, Eleuthera, and the Exumas!

When she isn't taking reservations, catching boats, or walking the docks, you'll generally find Kimberly at South Beach at Hunting Island State Park, reading on her Kindle, knitting, or exploring the Lowcountry with Jeff.

Aaron's Eats: A Hidden Gem at Old Bull Tavern

Tucked away from the hustle and bustle of Bay Street, hidden down an alley in Beaufort, Old Bull Tavern stands as a delightful hidden gem, inviting both locals and visitors to savor its unique culinary offerings. The restaurant embodies a charming, early 20th-century vibe where the ambiance is lively yet comfortable. One notable touch is the bartending staff, including a dapper fellow sporting a handlebar mustache that curls at the ends—a nice ode to days-gone-by!

The menu is a treasure trove of flavors, but the standout dish for me is undoubtedly the lamb shank. Braised to perfection in a rich red wine and tomato sauce, it practically melts in your mouth, nestled atop a bed of smooth, creamy mashed potatoes and topped with veggies that perfectly soak up the sauce's depth.



If you're in the mood for something adventurous, the "green eggs and ham" is a playful take on deviled eggs, elevated with a hint of wasabi and

finished with a sliver of crispy bacon. It's a dish that dances on the palate and serves as a testament to the kitchen's creativity.

Though the prices are moderate, the quality and flavor make it an exceptional value. In the crisp fall & winter months, the outdoor seating area offers a cozy fire pit offering a chance to warm up and engage with friendly locals. Whether you're a Beaufort native or just passing through, Old Bull Tavern is a must-visit. The combination of delicious and unique food, engaging atmosphere, and charming staff makes it one of the best dining experiences in town.

Featured Business of the Month: Low Country Bicycles

At a time when so many bicycle shops are being bought by corporations, Low Country Bicycles is still your local independent shop. In business for over 36 years, they are located at 102 Sea Island Parkway, a five-minute walk (or oneminute bike ride) from the marina. Low Country Bicycles caters to all types of cyclists, from newbies to veteran riders. They also have offer service and repairs, so if your boat bike needs some attention, take it over to Low Country Bicycles while you are staying with us. You can find out more at (843) 524-9585 or at https://www.lowcountrybicycles.com/.

